



***A Personalized Education for Every Student***

***Grow Build and Achieve YOUR Education  
with Flexibility***

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## **CHARTER SCHOOL PROFILE 2022-2023**

**Kreiva Academy Public Charter School**  
470 Pine Street  
Manchester, New Hampshire 03104  
Phone: (603) 232-7974 Fax: (603) 836-4779  
[www.kreiva.org](http://www.kreiva.org)

Kreiva Academy Public Charter School is a public middle and high school that will start its fifth year in September of 2022. Our student population will be approximately 160 in grades 6-12.

The emphasis of our curriculum is meant to provide students with a rigorous and relevant approach to their learning. We intend to develop students who are independent thinkers that use their minds well. The process of learning is embraced with the same vigor as its product.

Kreiva Academy has been fully approved by the New Hampshire Department of Education.

**Mascot** - Wolf

**School Colors** - Navy Blue, Teal and Gray

**CEEB #** 300020

**Head of School** - Dr. Jennifer Siegfried

**Director of Student Success** - Renee Williams, M.Ed.

**Academic Coordinator** - Amanda Casella

**Dean of Students** - Kylene Normandin

**Special Education Director** - Briana O'Connell

**Director of Operations and Development** - Lisa Cohen

**Board of Trustees** - Jessica Baker, Duncan Rae, Kara Hewett

***PROGRAM OF STUDIES 2022-2023***



# OUR VISION

## A Personalized Education for Every Student

Kreiva Academy Public Charter School inspires students with a personalized education that fosters self-awareness, adaptability, and the courage to reach beyond their perceived limits. The knowledge, abilities, and global understanding students acquire prepares them to be successful in their ever changing future.

# OUR MISSION

## Teaching with a Growth Mindset

Kreiva Academy Public Charter School uses an experiential, topic-based curriculum and a community culture shaped by the Growth Mindset to engage middle and high school students who are seeking a rigorous education in a non-traditional setting, which allows them to customize their paths toward mastery. Our Pillars of Success and Foundational Values create an environment rich with creativity, self-expression, and acceptance for students of all abilities and backgrounds. Committing to Kreiva's Pillars of Success as a community ensures a learning and working environment where people feel safe, challenged, and valued. They include: being courageous; honoring accomplishment; showing integrity; taking responsibility; focusing on growth; and embracing diversity. Kreiva's Foundational Values guide our day-to-day activities and interactions. They include: growth; innovation; citizenship; respect; equity; and empowerment.

# OUR PILLARS

Committing to Kreiva's Pillars of Success as a community ensures a learning and working environment where students feel safe, challenged, and valued. Students actively embrace these pillars through community engagement, self reflection and by taking pride and ownership in designing, engaging and completing their educational goals.

- ❖ Being Courageous
- ❖ Honoring Accomplishment
- ❖ Showing Integrity
- ❖ Taking Responsibility
- ❖ Focusing on Growth
- ❖ Embracing Diversity

# VALUES

## Growth

At Kreiva, growth is key to success. Students grow by understanding where they are and where they want to be in their educational goals. Students grow through active engagement with their education, with their teachers, with their peers and with their community. Students demonstrate that growth through student led projects that incorporate the rigorous learning objectives that are put forth by institutes of higher learning.

## Innovation

Kreiva encourages students to take innovative and new approaches to guide their learning and education. This allows students to follow a career and education path that is flexible and plays to their strengths. Taking an active role in developing, planning and executing a chosen learning pathway, allows the Kreiva student to innovatively think about their present and future career and educational goals.

## Citizenship

Kreiva encourages and fosters student voice. Students are active participants in their education school and community. At Kreiva students have the opportunity to participate in their community. This is seen in collaborative student/community projects in which students, and the community of Manchester, work together for the betterment of the city at large. Academic exhibitions allow students to share their work with community members and receive feedback on achievements and areas for future growth. Students engage actively within the school system to become active and not passive participants in their own education.

## Respect

Kreiva Academy fosters respect through embracing and holding in high esteem a diverse student body and community. Kreiva students also hold high esteem for themselves. This is evident in the freedom students are given to construct their own flexible education pathways that allow for respect to self, family, community and individual goals. Flexibility and diversity in the social and academic opportunities at Kreiva demonstrate the profound respect Kreiva has for the student and their individual educational needs and goals.

## Equity

Kreiva Academy's value system fosters equity by honoring the strength in diverse backgrounds and perspectives, which allows us to grow stronger as a community. For this reason, we not only welcome, but seek students who look, live and believe differently from each other. We embrace a student body rich with lives informed by different experiences that shape each of them as individuals and can give the school as a community an opportunity to grow and learn from each other every day. For Kreiva, the rigor of the experience extends beyond the academics to the way we challenge each other and ourselves to reach beyond our comfort zones and learn about the people who are sharing the experience with us. This takes courage and character and a shared commitment to grow and improve together.

## Empowerment

The Kreiva student is empowered to take charge of their own education, following their own strengths and making informed decisions about the direction of their education and their future. At Kreiva, the student takes pride and ownership over their education by creating their own informed, rigorous educational pathway that reflects their own interests and educational goals.

# Kreiva's Personalized Pathways

Kreiva's personalized learning pathways allow students to earn credit for demonstrated mastery through participation in coursework that is specifically aligned to students' individual needs and interests. Students spend time learning new concepts and revisiting concepts previously learned in the context of new, relevant material. This intentional approach is significant for maintaining engagement and providing equitable access to rigor and high quality instruction.

At Kreiva, students actively participate in designing and structuring their unique education pathway and may choose from a variety of educational opportunities, including [eStart](#), Extended Learning Opportunities (ELOs) and a wide variety of on-campus courses. Kreiva offers all students the opportunity to utilize ELOs to build upon a student's interests or learning needs while also meeting graduation and credit requirements. In this way, Kreiva is inviting each student to design their own education and connect school to their world and individual needs. Kreiva's personalized learning pathways allow flexibility and rigor, while still aligning with or exceeding [New Hampshire College and Career Readiness Standards](#).

## Project-Based Learning

Kreiva embraces project-based learning (PBL) as a teaching approach to support learning and investigation in a manner that is flexible, authentic, and meaningful. Project-based learning at Kreiva provides a strong, student-centered foundation. This approach fosters active, deep investigation of powerful topics. Projects are 12 weeks in length and foster inquiry and trans-disciplinary connection. PBL allows students at Kreiva to further hone in on an area of study, research, interest that is important to the student. The Kreiva student thus has the flexibility and freedom to identify a personalized learning pathway, select their courses to further individualize their education and, finally, create projects and work that reflects their own individualized learning journey. This can be as in-depth and intensive as the Kreiva student chooses to make their learning journey.

# Competency at Kreiva Academy

There are two different ways we use the word competency at Kreiva Academy.

First, competencies at Kreiva are the overarching areas of study such as Math, Humanities, Science, the Arts, etc. These overarching competency areas are then broken down into smaller increments called Learning Targets which are the more specific skill areas that different courses at Kreiva are built around.

Second, we talk about how students need to meet competency requirements. Meeting competency requirements at Kreiva means that students earn an Overall Course Grade of 2.5 or higher. The Overall Course Grade averages all of the learning targets that make up a class to create a snapshot of mastery in the course.

Elective Learning Targets are offered to students in both [middle school](#) and [high school](#) that capture the fine and performing arts. Students in middle school can begin earning high school credit in 8th grade and students in high school can begin earning college credit if they take part in dual enrollment options. Early college credit is especially helpful for those who aspire to competitive post-secondary degree programs and who want to engage in a more rigorous learning pathway. Early college credit is offered through [eStart](#) and [VLACS](#). Begin the process of gaining college credits while simultaneously enrolled at Kreiva!

## Requirements in Grades 6 and 7: Middle School

The academic program for grades 6 and 7 is centered around the building of strong foundations. These strong foundations set students up for both social and academic success in the Kreiva community. Students in grades 6 and 7 take their core classes within a two-teacher team in order for teachers to build strong ties with a smaller group of students. This enables the core subject teachers to have a particularly strong understanding of the individual needs of students and to create a strong foundation for students' personal growth.

Before advancing further, all students in grades 6 and 7 need to demonstrate proficiency in the following courses:

- Humanities 1 and Humanities 2
- STEM 1 and STEM 2
- Two (2) trimesters of Physical Education
- One (1) trimester of Health
- A minimum of six (6) Electives

## Requirements in Grades 8-12: Middle/High School

Students at Kreiva are given flexibility in how they earn credits towards graduation. We understand that some students need more time to earn required credits, while some may do so in a more accelerated manner. During the 8th grade year, students begin taking classes with high school learning targets. Some students will meet credit requirements within one year for a course while others may need additional time to demonstrate proficiency. This is why we start building courses using high school learning targets in 8th grade at Kreiva in order to build in extra time for students who need it and an opportunity for accelerated graduation for students who desire it.

### Coursework Required for Graduation

- **Humanities (8 credits):** Humanities 3, Humanities 4, Humanities 5, Humanities 6
- **Math (3.5 credits):** Foundations 3/Pre-Algebra, Math I, Math II, Personal Finance, and then students need to stay enrolled in courses that have math learning targets until graduation by taking advanced math courses or electives with math learning targets.
- **Science (4 credits):** Science 3, Science 4, Science 5, Science 6
- **Art (1 credit):** A minimum of two (2) electives designated as meeting art graduation requirements.
- **Physical Education/Health (1.5 credits):** PE/Health I, PE/Health II
- **Capstone (.5 credit):** A minimum of one (1) trimester of Capstone course
- **Electives (6 credits):** Electives are defined as courses outside of core course requirements as defined by the NH Department of Education. Electives are typically trimester-long courses that are each  $\frac{1}{2}$ -credit and span a vast variety of topics to meet the diverse interests of students. Students can also design an ELO or independent study to meet an elective requirement. ELOs and independent studies need to be pre-approved by the school counselor.

# Kreiva's Learning Targets

Kreiva's Learning Targets provide the framework for the Kreiva curriculum. Kreiva's Learning Targets take into account elements of character development, civic awareness, and career readiness that have emerged as essential to student success. Progress on Learning Targets is assessed within course rubrics and is documented in the ALMA student information system. Kreiva has a separate set of Learning Targets required of middle school and high school students for key reasons:

1. Complexity of information in the underlying rubrics differs significantly, just as the standards differ.
2. Level of flexibility in the scope and sequence is higher for high school.
3. High school Learning Targets are linked to Graduation Competencies and credits.

## Grading System

Kreiva grades on a four-point scale. Kreiva uses a comprehensive set of competencies that anchor all classroom experiences. In order to ensure that our academic program meets rigorous and developmentally appropriate standards, Kreiva competencies align with the Common Core State Standards, as well as the Next Generation Science Standards. Starting in the 2021-2022 school year, Kreiva began awarding credit in 8th grade. Prior to 2021-2022, students had their credits awarded to reflect this change.

<b>Competent</b>	Exceeding Competency	4
	Meeting Competency	3
	Progressing Competency	2
<b>Not Competent</b>	Emerging Competency	1
	Insufficient Evidence	0

# Designing your Course of Study at Kreiva

## Individualized Learning Pathways

Kreiva empowers students to be “leaders of their own learning” within a flexible framework of support. The school’s leaders, classes, and culture set clear expectations for behavior and achievement, while also respecting the student’s desire for inquiry, risk, and self-determination. When students have a passion driving their learning--and can demonstrate they understand their own structures for success--they are given more flexibility to design their personal learning pathway. Students thus understand that learning is a continuously shifting process that will look slightly different for everyone, even those who share a particular learning experience. The personalized nature of this process is respected and grounded by clear and consistent course Learning Targets aligned to the Common Core Standards and Next Generation Science Standards. Based on this foundation of stability, students can explore the learning process while creating their own personalized learning pathway based on their individual goals and needs while also being aligned to rigorous academic standards. From courses offered by Kreiva faculty, ELOs, eStart, and other exciting opportunities, the Kreiva student actively participates and engages in their learning plan. This starts from the moment a Kreiva student enrolls at Kreiva Academy. Regardless of grade level, a Kreiva student has the opportunity to plan and choose their own personalized learning pathway from day one.

## Reminders When Designing Individualized Learning Pathways

In designing courses, the Kreiva student only needs to remember that the core courses, Humanities, Mathematics and Science, are one full year in length. When the Kreiva student designs their schedule, the core courses will occur every trimester with electives changing every trimester. Electives can include courses offered by staff, ELOs, eStart, Capstone, and other options. This flexibility allows Kreiva students further freedom when designing their individualized Learning Pathway.

# Diploma Requirements/Graduation

Kreiva awards credits for demonstrating proficiency. A credit represents the mastery of a course whenever it is attained and continues working until that point -- regardless of grade level. While students need to meet benchmarks on all required competencies, the vast majority of our students embrace the Kreiva model of designing their own learning pathways and are innovative and intentional with how they approach their educational goals. By participating in extended curriculum options and the ELO program, students advance their expertise far beyond the benchmark required. Kreiva students will begin earning credits for competency towards their graduation requirements, upon successful completion of 7th grade. A Kreiva student progressively works to reach mastery of all courses required for graduation.

## Kreiva Diploma Requirements/Graduation Credits Required

- Math - 3.5 credits\*
- Art - 1 credit\*
- Humanities - 8 credits\*
- Science - 4 credits\*
- Physical Education/Health - 1.5 credits\*
- Capstone Learning Project - .5 credits
- Electives - 6 credits (3 of these credits can satisfy both a core and elective requirement, 3 credits will be independent of core requirements)

### **A minimum of 21.5 credits for graduation**

\*Core class requirements

\*\*\*Technology learning targets are embedded across courses to satisfy state technology requirement\*\*\*

## What Earning Credit From Grade 8 Through 12 Looks Like\*

- By the end of 8th and 9th grade students earn a total minimum of 11 credits (5.5 each year).
- By the end of 10th grade, a total minimum of 16.5 credits.
- By the end of the 11th grade year, a total minimum of 21 credits.
- During the 12th grade year, students earn .5 for their Capstone project, any credit for required coursework with math learning targets, any remaining credit for required courses not previously earned, and are engaged in a Capstone/interest-related ELO.

*\*Electives need to be taken each trimester until elective requirements are satisfied. Students must stay enrolled in a course that contains math learning targets each trimester until graduation as per NH Department of Education requirements.*

# Kreiva Academy Course Offerings

Kreiva's courses are based on diverse topics that are relevant to the Kreiva student and change frequently to meet student needs and interests. The Kreiva student has the freedom to design and create their own unique Learning Pathway by selecting courses that speak to their interests and educational needs and goals. Courses are interdisciplinary and student progress is measured consistently throughout each course. Moreover, courses are designed throughout the year to offer options of advancement, revision, or re-learning targets in different contexts. This approach works well within competency-based learning because there are opportunities for students to move on from a topic and course for which they have demonstrated proficiency, as well as opportunities to revisit learning targets when proficiency has yet to be demonstrated.

- ❖ [Humanities](#)

- ❖ [Mathematics](#)

- ❖ [Science](#)

- ❖ [Electives](#)

- [Art](#)

- [Physical Education](#)

- [Performing Arts](#)

# Humanities Courses 2022-2023

## ***HUMANITIES 2: Being Human***

**Full Year 6-7**

We will travel back to ancient times to see how it all began. We will explore the many Ancient societies that have led humans to the way of life we live today. This will include the Neolithic Era, Ancient Egypt, Ancient Americas, and the Roman and Greek societies. These will all lead us to our year long deep dive into how societies have developed, the systems designed for governing people and civic responsibilities. All the while, we will build our skills in reading (fiction and nonfiction), writing (nonfiction), and project development.

## ***HUMANITIES 3: Current Events***

**Full Year 8-12**

People often wonder what it was like to live through certain times or during specific events in United States and world history. This course offers a way to explore civic engagement through what is currently unfolding around us and relating our lives to those of our predecessors. We will study the times we live in and our relationship to society through the ongoing expansion of human activity on planet Earth.

## ***HUMANITIES 3: American Psychology***

**Full Year 8-12**

What are people thinking? What am I thinking and what are my own beliefs and priorities? Explore the strange, as well as familiar ways humanity sees itself and the world by studying the psychological side of personal and societal decisions, behaviors and biases in the 21st century United States.

## ***HUMANITIES 4: Myth, Civilization, Empire: How Big is Your History?***

**Full Year 8-12**

This world history course begins with the birth of our planet and will look at human history through that context. Most cultures have stories about the creation of the universe and ours is no different. What do these stories look like and what would your creation story include? From the birth of the planet we will traverse the turning points that include the emergence of civilizations, traveling alongside hunter-gatherers as they develop agriculture and specialized societies. How do the challenges those people faced, compare to the challenges we face today? The course will examine empires that have held sway throughout the ages, compare economies as they developed, and conclude with the birth of nation-states and the creation of the modern world in which we live.

## ***HUMANITIES 5: Approaching America: Who are we?***

**Full Year 8-12**

This American history course launches from the time just prior to the arrival of European settlers. As time travelers, we will look at events that set the stage for colonization of the continent, the birth of the United States, and the influence of indigenous Americans on our government and views of the land. As we progress through the maturation of the nation following the American Revolution, and seminal events such as the Trail of Tears, the Civil War, Reconstruction, the Great Depression, and two World Wars, students will be encouraged to place themselves in these moments of history and identify the motivating paradigms of participants of the age. Our investigation of eras in American history will conclude with a look at the U.S. in the rising atomic world of the middle 20th century and the nation's role in a transforming digitized, global ecosystem.

***HUMANITIES 5: American Investigation*****Full Year 8-12**

What does America “being great” look like? What lives matter? Should we have dropped the atomic bomb? How should our country determine what threat to fear? Using inquiry, students will investigate and analyze primary and secondary sources, have the opportunity to think critically, and to read, write, and speak like historians. This Humanities 5 course will study defining moments in American history and students will relate those moments (using their inquiry skills and understanding of principles) to the important issues we face as a nation today.

***HUMANITIES 6: Dare to Know*****Full Year 8-12**

Drawing inspiration from the minds of the Enlightenment and Scientific Revolution, students will harness the spirit of innovation and bring it into their community and curate a society of progress. Students will read primary sources from Enlightenment thinkers, diversified readings from non-Europeans, build community partnerships, and interview elders to grow their knowledge base and literacy. Through methods like the Harkness Protocol students will learn from each other to question and bring enlightened thinking to an area of their choosing (topics as varied as social contracts and universal education, to the scientific method and modernization) and apply that spirit of empiricism and progress to an area they see that needs improvement in our current community.

## Mathematics Courses 2022-2023

***FOUNDATIONS 1: Ratios and 2-D/3-D Figures*****Full Year 6-7**

In this course, students will be introduced to ratios, use the Cartesian Coordinate Plane to graph locations and model data in real world situations. They will explore area and volume on 2D/3D figures plus finding relations between geometric figures. Students will also learn how to manipulate expressions, decimals and rational numbers.

***FOUNDATIONS 2: Rational Numbers, Probability and Angles*****Full Year 6-7**

In this course, students will learn how to use ratios and probability in real world situations. They will explore circular and triangular angles plus finding relations between geometric figures. Students will also learn equations and inequalities, interpret data and rational numbers.

***MATHEMATICS 1*****Full Year 8-12**

In this course, students will explore and be able to demonstrate their knowledge of Exponential Functions, Inequalities, Linear Functions, Polynomial Functions & Factoring, Quadratic Functions, Systems of Equations, and Statistics. Students will apply their knowledge of the subjects throughout the year in real world situations.

**MATHEMATICS 2****Full Year 8-12**

In this course, students will explore and be able to demonstrate their knowledge of Circles, Congruence, Expressing Geometric Properties with Equations, Right Triangles & Trigonometry, Rigid Motion, Similarity, and Solid Geometry. Students will apply their knowledge of the subjects throughout the year in real world situations.

**MATHEMATICS 3****Full Year 8-12**

In this course, students will explore and be able to demonstrate their knowledge of Systems of Equations, Quadratic Equations, Polynomial Functions, Exponential & Logarithmic Functions, Event Probability, Radical Expressions, and Unit Circle & Radians. Students will apply their knowledge of the subjects throughout the year in real world situations.

## Science Courses 2022-2023

**STEM 2: *Earth, Space and Life!*****Full Year 6-7**

Through this course, students will be introduced to the wonders of our earth, our galaxy, and the meaning of life. Students will question: Where do we come from? How do we connect to the earth? What sorts of impact do we bring as the human species? How do we understand evolving organisms? What exists beyond earth? Where does the life cycle start? How can we help our environment? What does it mean to be a scientist?. Students will have an opportunity to discover the land they live on, the evolution of our earth and organisms, explore the planets and our environment! During Trimester 1, students have the opportunity to go to Camp Cody in Freedom, NH October 5th-7th with their team this year for 3 days of amazing programming including team building activities, scientific fieldwork and labs to explore the local ecosystem, swimming and boating on the lake, hiking, and more! This trip is FREE to all Kreiva students through grant funding. During trimester 3, students will also get to work with the UNH STEM lab on their Stream Safari program. Students will get to be outside and get their feet wet in the streams, lakes, and ponds of New Hampshire! Stream Safari is an engaging, out-of-doors, active curriculum that centers around getting youth thinking about waterways, how we interact with them, and why they are important. It covers topics like watersheds, water cycles, adaptations, and species interactions.

**SCIENCE 3: *Earth's Place in the Universe*****Full Year 8-12**

What is the universe, and what is Earth's place in it? Students will examine the processes controlling the formation, evolution, and workings of the universe, with a focus on the Sun, our solar system, and Earth. We will learn how matter formed during the Big Bang and within the cores of stars. We will take a walk through geological time and examine how and why the Earth is constantly changing. Students develop models and explanations for how Earth's systems control the appearance of Earth's surface and the ways that human activities cause changes to these systems.

**SCIENCE 4: Alchemy****Full Year 8-12**

Is it possible to turn lead into gold? What about something that smells like rotting cheese into something that smells sweet? Students will explore the structure of atoms and how this explains the properties of substances. We will learn how to use the periodic table as a tool to explain and predict the properties of elements and look at how substances combine or react to make new substances. We will build an understanding of forces and interactions. Students will explore how energy is transferred and conserved, and how waves are used to transfer energy, send, and store information.

**SCIENCE 5: Hierarchy of Life****Full Year 8-12**

How do the structures of organisms enable life's functions? Students will investigate the structure and function of cells, the hierarchical systems of organisms, and the role of specialized cells for maintenance and growth. We will explore how characteristics from one generation relate to the previous generation and why individuals of the same species vary in how they look, function, and behave. We will look at the factors causing natural selection and the process of evolution of species over time. Students will be able to construct explanations for the role of energy in the cycling of matter in organisms and ecosystems. During trimester 2, students will get to work with the UNH STEM lab on the Sea Perch program. Seaperch is an engineering program in partnership with the Portsmouth Naval Shipyard and UNH Center for Coastal and Ocean Mapping, walks youth through the process of building a remotely operated vehicle (ROV) designed to operate in the water. Students will learn some of the basic construction and engineering skills needed to make a complex marine vehicle including measuring and cutting, waterproofing and connecting electric motors, and soldering printed circuit boards.

## Fall 2022 Electives

**ELECTIVE: Culinary Roots****Fall Trimester 6-12**

Get ready to explore various cultures through your stomach! We will begin our journey close to home as we explore our own cultures and the food and traditions that are important to us. From there, the food and culture train will stop in the Mediterranean where we will learn about all the microcultures and the foods that make up this region of the world. Upon departure from here we will follow the tracks to Latin America stopping in various locations to learn more about the inner workings of culture and food in this area of the world. Throughout our journey together, we will learn some important cooking skills such as, preparing, serving, and storing food in safe ways.

**ELECTIVE: Consciousness Studies****Fall Trimester 6-12**

Stressed? Overwhelmed? Find out how practicing mindfulness and gratitude will help. Mindfulness is being present in the moment, here and now. It focuses on paying attention to our thoughts and environment with kindness, non judgment, and curiosity. Gratitude is being thankful. Scientific studies have shown that practicing mindfulness and gratitude supports physical and mental health. We will try different techniques and activities and develop a personalized practice. We will also explore improving wellbeing in the community.

***ELECTIVE: Public Speaking*****Fall Trimester 6-12**

Public speaking is an opportunity for students to strengthen their confidence when encountering real world situations. Students will learn how to organize their thoughts, stick to their main idea, and get their point across clearly. During the course we will be exploring four different public speaking styles: Informative, demonstrative, persuasive and special occasions. This course will benefit students in real world situations like career advancement, boost confidence, critical thinking, personal development., improve communication skills and much more.

***ELECTIVE: Tic Tok Sewing*****Fall Trimester 6-12**

Have you ever seen sewing on TikTok and thought “I want to do that!”? Or wish to take in a garment? Well, you’re in luck! Sewing 101 will teach you the basics of a sewing machine, and also the different tricks to hand sewing. In this course, there will be small class projects, all leading up to you creating/deciding what you want your final project to be!

***ELECTIVE: Mindfulness and Gratitude*****Fall Trimester 6-12**

Stressed? Overwhelmed? Find out how practicing mindfulness and gratitude will help. Mindfulness is being present in the moment, here and now. It focuses on paying attention to our thoughts and environment with kindness, non judgment, and curiosity. Gratitude is being thankful. Scientific studies have shown that practicing mindfulness and gratitude supports physical and mental health. We will try different techniques and activities and develop a personalized practice. We will also explore improving wellbeing in the community.

***ELECTIVE: Αρχαία Ελληνικά (Archaia Ellenika) Ancient Greek*****Fall Trimester 6-12**

An opportunity for students to study the intricacies of Greek language and culture. This course is offered to students who are interested in gaining a language requirement for college applications, or students simply interested in studying a language. This course will be a rigorous foundational class to build proficiency in speaking, writing, and reading Ancient Greek. The study of Greek will also immensely build upon a student’s understanding of English grammar. Greek 2 will be offered later in the year if a student has taken Greek and would like to continue their journey and go deeper.

***ELECTIVE: Punk Rock and Society: Short Songs, Long Story*****Fall Trimester 6-12**

What is punk rock and what is its legacy? In this course we will travel from New York to London and back before heading to Los Angeles and the wide world beyond. We will learn about the social movements associated with punk, an art form that shocked the musical establishment in the 1970s. What is punk really all about, and does it still exist? Has it changed the things in society that it set out to change? We will look at punk lyrics through the lens of poetry, examine art forms that emerged alongside it, and explore what it means to create music, apparel, and graphic art, according to the aesthetic of punk rock.

***ELECTIVE: Calisthenics*****Fall Trimester 6-12**

The course will cover the fundamentals of calisthenics, bodyweight exercises, concepts of general conditioning and weight training exercises. Students will have the opportunity to learn and perform varying exercises that will help to strengthen various muscles of the body.

***ELECTIVE: Capstone*****Fall Trimester 10-12**

We will look at punk lyrics through the lens of poetry, examine art forms that emerged alongside it, and explore what it means to create music, apparel, and graphic art, according to the aesthetic of punk rock.

***ELECTIVE: What I Need (W.I.N.)*****Full Year 6-12**

The “What I Need” Instructional Block at Kreiva, referred to as the “W.I.N. Block,” is used to provide students with additional learning opportunities that are at their instructional level in math and reading. The W.I.N. groups can be led by classroom teachers, ESL teachers, Special Education teachers, Title I Teachers, Paraprofessionals, and other support staff who enter the classrooms for the W.I.N. blocks. The W.I.N. groups are fluid and are formed based on current data.

## Art Courses 2022-2023

***ART ELECTIVE: Painting and Drawing*****Fall Trimester 6-12**

This course is designed to be an exploration of drawing and painting techniques and concepts for both beginners and more experienced artists. Intended to develop expression and technique in drawing with an emphasis on materials. Students will create a variety of drawings and paintings such as still life, abstract, surreal, landscape, and more while using and experimenting with a variety of media. Using acrylic paints, the class will lead students through the basics of color theory, color mixing and paint application on a variety of surfaces. There will be a focus on creative approaches to observational work, using studio set-ups and the rich natural environment around us.

***ART ELECTIVE: Intro to Creation*****Fall Trimester 6-12**

Students will gain an understanding of how to design, experiment, and create original, 3D art using recycled and foraged materials. Learning the practicality of the materials around you in your everyday life opens a world of artistic opportunities for beginning artists. We will create micro sculptures and installations using the practices learned that will be shown in our mock gallery throughout the course. A first step into the world of art, students will also learn to critique one another's creations in a positive and productive way.

**ART ELECTIVE: Fine Arts****Full Year 8-12**

This course offers students many art experiences and detailed explorations in a variety of media such as drawing, painting, printmaking, ceramics, and textile design. The course emphasizes on gaining confidence with using a variety of media and in each student's abilities. In this class students will not only gain experience in studio art but will also learn art history, aesthetics, art criticism, vocabulary, and the elements of art and principles of design. Additionally, critical thinking skills, decision making, and problem solving are implemented throughout the art course.

**ART ELECTIVE: Water Based Media****Full Year 6-12**

This course presents the materials and techniques of water-based media. As such, students will gain technical skill in the manipulation of transparent and opaque processes. Students will acquire knowledge of the expressive potential of the medium, as demonstrated through historical and contemporary methods and works. With a hands-on approach to learning the historical methods of processes such as paint making, paper making, and numerous painting techniques. A traditional studio approach will be used with an emphasis on adept handling of water-based media, applied color theory, and the development of solid drawing skills.

## Physical Education/Health 2022-2023

**PE/Health****Fall Trimester 6-7**

This course provides students with the opportunity to learn a variety of sports and sport related skills as well as health and Wellness concepts. Health topics include nutrition, the factors that influence mental, emotional and social health and the importance of physical activity in our daily lives. A focus will be placed on active participation and positive social interactions with classmates during all activities.

**PE/Health****Fall Trimester 8-12**

In today's society, physical activity is an essential part of a comprehensive, healthy lifestyle. Through a variety of games and activities, students can develop both meaningful, enjoyable and lifelong interest in physical activity. The teaching of cognitive concepts allows the student to understand the relationship of physical activity to physiological effects of the body, social behaviors and one's emotional well-being. This course focuses on Mental Health, Emotional Health and social health as well as overall wellness, and identification of community health resources. Each student will be encouraged to set personal goals and perform to the best of their ability.

# Performing Arts 2022-2023

## ***ELECTIVE PERFORMING ARTS: Creature Creation***

**Fall Trimester 6-12**

Through various movement, voice, and improvisation techniques, students will bring their own character creations to life. Students will experiment with methods used in popular role playing games like Dungeons and Dragons, Magic the Gathering, and RPG video gaming, to create their own detailed creatures, backstories, dialog, and short scenes. The class will culminate in a presentation of characters and reader theater style performance of short scenes.

## ***ELECTIVE PERFORMING ARTS: Behind the Scenes***

**Fall Trimester 6-12**

Students explore the numerous technical, management, and design roles required for full stage theater productions. Some of the elements explored will be, set design, construction, and painting, lighting and sound design, stage management and crew. The class will culminate with a final research presentation of a specific career in the professional technical theater world.

## ***ELECTIVE PERFORMING ARTS: Poetry for Performance***

**Fall Trimester 6-12**

Students will examine a variety of poetry styles from Haiku to Hip Hop. They will practice reading and performing spoken words written by poets throughout history from Shakespeare to Shel Silverstein. Students will explore poetry basics including; pace, diction, tone and descriptive language. The class will culminate in a poetry slam, where students will perform self written or researched pieces.

## ***ELECTIVE PERFORMING ARTS: Beethoven to Beyonce***

**Fall Trimester 6-12**

Students will discover and explore the evolution of music. Where does music come from? How did it become what it is today? We'll discuss music's role in society, society's influence on music, and any other burning questions you might have.

## ***ELECTIVE PERFORMING ARTS: Kreiva Crash***

**Fall Trimester 6-12**

In this ensemble class, students will learn the basic elements of music. We'll learn how to read, write, and play rhythms. The ultimate goal of this class is to demonstrate the knowledge you gained by performing in a "Recycled Percussion" type of ensemble with your classmates.

## ***ELECTIVE PERFORMING ARTS: Kreiva Choir***

**Fall Trimester 6-12**

Unlock the power of your own voice by becoming part of the Kreiva Choir. In this ensemble class, students will learn basic music reading, vocal technique in singing, and how to sing in harmony with other members of the choir. We'll rehearse and perform vocal music of all different genres.

## The ELO Program at Kreiva Academy

The ELO program at Kreiva allows students to receive credit for elective opportunities that are designed and created by the student to further explore and investigate their education interests. The ELO allows students to personalize their academic experience, providing credit when they engage in alternative learning opportunities that are designed to meet their educational needs and goals. In general, ELOs could include but are not limited to independent studies, internships, courses taken from other higher level institutions, extracurricular activities, online learning, work experiences, and travel, as long as they have met Kreiva's learning criteria and been approved by the School Counselor. Before receiving credit towards a course or graduation requirements, ELOs must be approved by a member of the administration and must have a demonstrable set of criteria to track and measure the desired learning goals. The ELO is designed by the student, for the student. The ELO is an innovative, distinct learning pathway for the Kreiva student.

## Capstone

The Kreiva [Capstone Project](#) empowers the Kreiva student to develop a personal area of interest or inquiry through an in-depth independent exploration of an essential question supported by their teachers and with the guidance of an adult mentor that culminates in a presentation before a panel. This might include planning and hosting an event, creating or designing a physical product, improving something in the world around them, researching an aspect of what's ahead in their life, conducting research, or providing a service to a person or group. The Capstone project is a requirement for Kreiva graduation. At Kreiva, the Capstone personalized learning pathway is open for students to design and develop. The Capstone Project is aligned to Kreiva Competencies and counts as .5 credit towards Kreiva graduation. Kreiva high school students can start the Capstone Project at any time.

## eStart

The [eStart](#) Program provides yet another way for Krevia students to pursue their educational goals according to their own needs and interests. Students can use programs like eStart, to plan an educational pathway that allows them to receive college credit while still enrolled in high school. Working closely with faculty, Krevia students can work eStart courses into their personalized learning pathway to fulfill their educational interests and goals. “Courses offered through the eStart program are 100% online college courses taught by Community College System of New Hampshire (CCSNH) faculty or adjuncts. Courses offered through the eStart program are taught at the college academic level with the college grading system.

\*\*\* Krevia students must be enrolled at Krevia and have met certain distinctions to follow this pathway. \*\*\*

### [eStart Eligibility Requirements](#)

To enroll in an eStart course, students must meet the following requirements:

1. Resident of New Hampshire.
2. Enrolled in an approved NH high school or an approved NH home school program.
3. Student must be a high school sophomore, junior, or senior. Home school students age 15 or older are eligible. eStart courses must be completed prior to 21st birthday. Waivers for students who do not meet these requirements can be reviewed on a case-by-case basis.
4. Have not earned a high school diploma prior to class completion date.
5. Not be expelled from a school or diploma granting program.
6. Students are required to create an account with the [Virtual Learning Academy Charter School \(VLACS\)](#).
7. Account information is required by VLACS and the NH Department of Education to ensure proper funding. Students who do not create a VLACS account will not receive high school credit for the eStart course and will be charged the full price of a CCSNH college course.
8. If you already have a VLACS student account, there is no need to create a new one.
9. High school counselors, parents, and students should be aware that courses offered through the eStart program are college courses.
10. eStart tuition is \$150 per course, provided that the course is taken concurrently for high school credit. The cost of tuition does not include the cost of textbooks or other course materials.

# Competency Recovery at Kreiva Academy

Competency Recovery is a way to make up or improve a course grade in order to meet course proficiency requirements for promotion and/or graduation.

When would a student need to do Competency Recovery?

- If a student receives a 1 or 2 for a target, they may choose to initiate a competency recovery plan including assignments and/or projects.

How do I know if I need Competency Recovery?

- For annual promotion requirements, have you met 75% of course competencies at a 2 or higher?
- For High School students, have you met 25% of required learning targets per year with a score of 3 or 4 in the previous trimester?
- For Middle School students, do you have any learning targets with a score less than 2 in the previous trimester?

## Competency Recovery Process

1. Contact the School Counselor to discuss the competency recovery plan within two weeks of report cards.
2. School counselor, student and teacher will develop a plan for making up summative assignments/projects as needed.
3. Complete and submit Competency Recovery Contract.
  - a. Contract needs to be initiated within two weeks of the report cards.
  - b. Work must be completed within two weeks of the completed contract.
4. Once assignments/projects have been completed:
  - a. Submit assignments/projects to the teacher by the due date on the contract. Work will not be accepted after the contract due date.
  - b. The teacher will grade and assess the student work and resubmit grades.